



Long Island Population Health Improvement Program (LIPHIP) Attendance & Meeting Summary: January 14, 2016, 9:30-11:30am

In Attendance: Zahrine Bajwa, Cornell Cooperative Extension-Suffolk County, Team Coordinator, Nutrition and Wellness/Family Health and Wellness; Chrisa Arcan, Stony Brook Medicine, Assistant Professor; Lisa Benz-Scott, Stony Brook University, Director of Graduate Program in Public Health; Bruce Berlin, MD, Suffolk County Medical Society, Vice President, Executive Committee; Laurel Janssen-Breen, St. Josephs College, Professor of Community Health Nursing; Tavora Buchman, Nassau County Department of Health, Director, Quality Improvement, Epidemiology; Celina Cabello, Nassau County Health Department, Epidemiologist; Rodolfo Cano, Fidelis Care New York, Outreach Specialist; Judith Clarke, Hudson River Health Care, Community Health Educator; Nancy Copperman, Northwell Health, Assistant Vice President, Public Health and Community Partnerships; Michael Corcoran, Data Analyst, PHIP; Marilyn Fabbriante, St. Charles Hospital, Executive Director, Public and External Affairs; Michele Gervat, American Heart Association, Director of Community Health; Christine Hendriks, Catholic Health Services of LI, Vice President, Public and External Affairs; Grace Kelly-McGovern, Suffolk County Department of Health; Karyn Kirschbaum, Western Suffolk BOCES, School Health Policy Specialist; Janine Logan, Nassau-Suffolk Hospital Council, Senior Director, Communications and Population Health; Theresa Marandino, Nassau University Medical Center, QA Data Analyst, Department of Quality Management; Anne Marie Montijo, Association for Mental Health and Wellness, Deputy Director for Strategic Initiatives; Sue Palo, St. Francis Hospital, Director, Rehabilitation and Community Services; John Perkins, St. Charles Hospital, Physician Liaison; Heather Reynolds, St. Catherine of Siena, Director, Public and External Affairs/volunteer services; Sarah Ravenhall, Nassau-Suffolk Hospital Council, Program Manager-PHIP; Yvonne Spreckels, Stony Brook University Hospital, Director of Community Relations; Vincent Strykowski, Society of St. Vincent de Paul, Clothing Donation Coordinator; Anne Marie Thorsen, American Cancer Society, Community Executive; James Tomarken, Suffolk County Department of Health; Karen Tripmacher, Winthrop University Hospital, Assistant Director, Community Relations and Special Projects; Stuart Vincent, John T. Mather Memorial Hospital, Director of Public Relations; Althea Williams, Suffolk Care Collaborative, Senior Manager, Provider and Community Engagement; Kim Whitehead, Nassau-Suffolk Hospital Council, Communication Specialist; Althea Williams, Stony Brook Medicine, Senior Manager, Provider and Community Engagement; Sheri Ellis, NuHealth NUMC, Community Outreach Coordinator; Amanda Watral, Health and Welfare Council of Long Island; Monica Diamond-Caravella, Farmingdale State College, Assistant Professor, Trevor Cross, HRH

Care, Community Liaison; Lauren Moy, Sustainable Long Island, Senior Planner; Linda Mermelstein, Suffolk County Department of Health Services, Chief Deputy Commissioner.

<p>Welcome & Introductions</p>	<p>Janine Logan, Senior Director, Communications & Population Health welcomes committee members to the January Long Island Health Collaborative Meeting.</p> <p>Sarah Ravenhall, Population Health Improvement Program commends the Collaborative for a huge increase in attendance, from an already impressive growth in 2015. There are at least five new member organizations joining us at this meeting.</p>
<p>2016 LIHC/LIPHIP Dates</p>	<p>Dates for 2016 LIPHIP Meetings have been identified. Outlook invites were sent to members in December. Due to a scheduling conflict, the May meeting will be rescheduled from May 18 to May 17, 9:30-11:30am.</p>
<p>Academic Partners</p>	<p>The Academic Partners Workgroup, under leadership from Laurel Breen, St. Josephs College, has finalized the Academic Survey. This survey will be sent to collaborative members in Survey Monkey format within the next week. Collaborative members who have nursing or public health student opportunities available within their organizations should complete the survey. Future plans include expansion to identify opportunities for other medical specialties including respiratory therapists, nutritionists and other medical professions. Laurel Breen, St. Joseph’s College reports the Academic Partners workgroup is interested in developing Inter-professional plans moving forward.</p> <p>Dr. Bruce Berlin, Suffolk County Medical Society reports he is putting together a strategy for engaging medical schools and students which will be presented to the Medical Society and Medical Schools in 2016. Engaging medical students will be an important</p>

	<p>component of the Recommendations for Walking Program. Dr. Berlin will identify and invite a medical student to attend future meetings to serve as the voice of medical students for the collaborative.</p> <p>J. Logan attended the Suffolk County Medical Society meeting on January 13, 2016 to present the goals and activities being directed by the Long Island Health Collaborative.</p> <p>Judith Clarke, HRH Care along with Pegi Orsino, RSVP, presented the Diabetes Self-Management Program to the Suffolk County Medical Society. During this presentation, the role of the provider in promoting programs to patients was discussed and highlighted as a strategy to support and expand program availability as well as patient participation.</p>
<p>Working Documents</p>	<p>The LIPHIP Strategic Plan has been completed. It will be reviewed by the PHIP Steering Committee at the January 2016 meeting scheduled for the 27th. After it is sent to the State Department of Health, we will post to the LIPHIP website.</p> <p>The LIPHIP Communications Plan has been sent to the state Department of Health. The plan has been approved by the Public Education, Outreach and Community Engagement. We are waiting for final approval, but it is available in draft form on the LIPHIP website for those interested in reading it.</p>
<p>Public Education, Outreach & Community Engagement Workgroup & Communications Update</p>	<p>The LIHC welcome brochure is available for all members at today's meeting. These brochures will be used as a primary tool to engage organizations as future collaborative members. In early 2016, a consumer-focused rack card will be printed.</p>

	<p>The Public Education, Outreach and Community Engagement workgroup met on January 13, 2016. During this meeting, Kim Whitehead, Population Health Improvement Program, provided an in-depth overview of the website design and layout. The committee provided detail specific feedback and creative suggestions during this overview. The website is on schedule for a February launch date.</p> <p>In addition to the newly designed website “re-launch”, the LIHC/PHIP will host several Recommendation for Walking Launches throughout the year. This includes a “Recommendation for Walking Program” Launch in April, coinciding with National Public Health Week and a second walking event in May. Dates will be finalized and sent to collaborative members soon.</p> <p>Recommendation for Walking: Nancy Copperman, Northwell Health suggests we revisit plans for including an easy-add to show inclusiveness of all populations, including those disabled populations to ensure our program is ADA compliant.</p> <p>Yvonne Spreckels, Stony Brook University Medical Center suggests we add exercise resources for those with a physical disability to website resource page.</p>
<p>Association for Mental Health & Wellness: First Aid Training</p>	<p>Long Island Health Collaborative members are invited to participate in a First Aid Training for Mental Health & Wellness. This is a two-series event, February 24 and March 2, 2016. Anne Marie Montijo, Association for Mental Health and Wellness reports this evidence-based program is included in the Substance Abuse and Mental Health Services Administration’s registry of programs and practices. Dr. Eisenstein, Nassau County Department of Health, requests the PHIP reach out to the Nassau County</p>

	<p>Mental Health Commissioner when activities or strategies pertaining to mental health are developed.</p> <p>Due to limited program participant capacity, we would like to first offer this program to direct Long Island Health Collaborative members, and then open registration up to employees within member organizations who would directly benefit.</p> <p>The Population Health Improvement Program will fund the registration fee for twenty participants with the Association for Mental Health and Wellness funding the first ten.</p> <p>Organizations interested in sending staff members to this program should reach out directly to the Association for Mental Health and Wellness in Suffolk County for details on contracting and hosting their own program.</p>
<p>Culturally and Linguistically Appropriate Services Workgroup</p>	<p>Sarah Ravenhall, Population Health Improvement Program, reports she has been collaborating with Althea Williams, Suffolk Care Collaborative and Dr. Efferen, Stony Brook Medicine, to identify CLAS “train the trainer” programs which can be tailored and incorporated within LIHC member organizations. Programs being researched include Adventist Health Care, Cross Cultural Health Care Program, Greater New York Health Association, Health Literacy Partners and Kinkaid Consulting, LLC. Program components will be presented to the Suffolk Care Collaborative Cultural Competency and Health Literacy Workgroup on February 19, 2016. Once a program is selected, we will update LIHC members and advise them of a date for hosting the training.</p>

Data Workgroup

Michael Corcoran, Population Health Improvement Program, presents a census tract-level tool containing demographic information: *total population, ethnicity, median age by sex, education, language, unemployment, poverty status, public assistance, income, place of birth for foreign born residents*. This tool serves as a platform for moving forward with plans for hot spotting, geo mapping, developing methodology or other efforts.

Downloading and analyzing data from the Wellness Portal continues. Michael Corcoran, Population Health Improvement Program, reports two new organizations have started using the survey and entering data into the portal as of December 2015. Karen Tripmacher, Winthrop University Hospital, reports the analysis and feedback provided by Michael has been very helpful. The report Michael compiled is broken down by pre-post survey improvement percentages within categories including: nutrition, physical activity, chronic conditions, and stress management. The report provided by PHIP will support Karen's plans for moving Winthrop's program into a variety of communities.

Kim Whitehead, Population Health Improvement Program, is available to assist those organizations looking for a hands-on demonstration on how to use the Wellness Portal. Please contact the PHIP offices if you are interested in setting up a date for this hands on training. Bill Redman, Stony Brook University, provides phenomenal technical support to those utilizing the portal.

The PHIP Data Workgroup is scheduled to meet following this meeting, 1/14/16. Any LIHC member is welcome and encouraged to join this meeting.

	<p>Tavora Buchman, Nassau County Department of Health expresses gratitude toward the hospitals who are participating in using the Wellness Portal as it will be used to support the County Community Needs Assessments.</p> <p>Vital Statistics Applications have been completed and are ready to be submitted to New York State and New York City Departments of Health. The PHIP was able to file for this data under two specific Public Health Laws.</p>
<p>2016 Community Needs Assessment: Prevention Agenda Survey for Community Members</p>	<p>A Brainstorming session was held in October where the 2016-2018 Community Health Needs Assessment cycle was discussed. During this meeting, participants discussed the role of the LIPHIP within state requirements.</p> <p>To identify priority needs from people in the community, a survey has been developed. The Prevention Agenda Survey for Community Members has been distributed to Long Island Hospitals in hard copy and survey monkey format. The survey was translated using certified services. The NSHC offices serve as a central hub for data retrieval. PHIP staff will provide a detailed analysis in February, while continuing to collect data for an update again mid-2016.</p> <p>A large font survey has been created for those organizations who serve people in communities that prefer to read larger print. This document will be sent out to collaborative members post-meeting.</p> <p>Sarah Ravenhall, Population Health Improvement Program reminds members to return</p>

hard-copies of paper surveys as soon as possible to the offices in Hauppauge. A temporary intern has been hired to help us enter survey responses into the survey monkey system.

Once we have the first round of surveys back, we will be able to provide zip-code level data analysis which will supplement the Community Needs Assessment.

Because there are only 200 responses returned to date, collaborative members agree that at every angle, the collaborative members must continue to distribute and promote the return of these surveys. The survey links have been sent in a press release to several media outlets. Kim Whitehead reports we are doing focused follow up with our media contacts.

Sarah Ravenhall, Population Health Improvement Program requests collaborative members identify the strategies they are using to distribute the surveys:

- Nassau County Health Department: community trainings, website, birth mailings, board of health
- Suffolk County Department of Health: library, civic association, local media, traffic court
- Mathers Hospital: chamber members, web, newsletters, employees, support groups, classes
- Catholic Health Services: Physician Offices, websites, social media
- Winthrop University Hospitals: website, Hempstead clinic, local churches
- Northwell Health: Ambulatory, February “Go Red”, employees

	<p>Community Based Organizations, specifically those with direct-community contact have offered to distribute surveys including: Cornell Cooperative Extension, Fidelis Care, HRH Care, Western Suffolk BOCES, American Heart Association, among others.</p>
<p>2016 Community Needs Assessment: Prevention Agenda Survey for Community Members</p>	<p>In addition to results collected from surveys, data from CBO summit events will be collected and analyzed to support the Community Needs Assessments.</p> <p>A CBO Advisory Group has been established to finalize details and planning strategy for the summit events which will take place in February. There will be an event in Nassau and Suffolk counties as well as a WebEx for Eastern Long Island CBOs and a recording of the facilitation will be available online. Facilitated discussions will be led and qualitative data will be collected, analyzed and reported before March.</p> <p>Data from the Prevention Agenda Survey and CBO Advisory Group will be used to support implementation plans for addressing community needs.</p> <p>The CBO Advisory Group met just prior to the call and finalized strategy and planning details.</p> <p>Key Dates for these events and Data Collection are:</p> <p>February 2, 2016: Adelphi, Garden City</p> <p>February 10, 2016: St. Joseph's, Patchogue</p> <p>February 4, 2016: Eastern LI CBO WebEx</p> <p>January 19, 2016: CBO Summit Facilitators Training led by Amy Hammock, Assistant Professor, Department of Family, Population and Preventive Medicine, Stony Brook University and Laurel Janssen-Breen, Professor of Community Health Nursing, St. Joseph's College</p>

	<p>March 10, 2016: Deadline for Completion of Qualitative Data Analysis</p> <p>RSVP has been steadily climbing for both events.</p> <p>Promotion of this event will be expanded to include:</p> <p>Health and Welfare Council</p> <p>Nassau County Daycare</p> <p>Homecare Agencies</p> <p>Pronto Pine Air</p> <p>Buera Public Healthcare Association of New York State</p> <p>Hispanic Brotherhood</p> <p>Homeless Community Housing Innovations</p> <p>Family Service League</p> <p>United Way</p> <p>LI Community Foundation</p> <p>Psylo</p> <p>Starflower</p> <p>Federation of Organizations</p> <p>Catholic Charities</p> <p>Head Start</p> <p>LHC members will continue to promote this event and encourage participation.</p>
Healthcare Data Analysis Program	Tabled for next meeting.
Adjournment	<p>The next LIPHIP Meetings are scheduled for:</p> <ol style="list-style-type: none"> 1. February 11, 2016 9:30-11:30am

2. March 17, 2016 9:30-11:30am

Meetings will take place at the Nassau-Suffolk Hospital Council Offices in Hauppauge, NY.